



*"Nurturing Hearts, Growing Minds, Opening Eyes, Imagining Futures"*

Monday 17<sup>th</sup> April 2023.

Dear Parents,

I am delighted to provide you with further information ahead of Class 3's residential trip to 'Redridge Outdoors Activity Centre', on Wednesday 3<sup>rd</sup> May 2023.

The pupils will need to be in school by 8.45am as they will be departing at 9am for a prompt 9.30am arrival at Redridge. On arrival the pupils will be allocated rooms and will soon begin their first activity of the day. Activities may include a combination/selection of the following: caving, abseiling, rock climbing, archery, high ropes, hill walking, problem-solving, kayaking, and/or paddleboarding, to name but a few. They will need a packed lunch on Wednesday and will eat this between activities. Pupils will then be settled into their accommodation ahead of their evening meal at 6pm and will then complete their evening activity.

On Thursday pupils will be up for breakfast at 8.15am and following this will be provided with all the ingredients necessary to make their own packed lunch for later in the day. They will then begin their packed full day of activities before arriving back in the centre for their evening meal and second evening activity.

On Friday pupils will again be up for breakfast at 8.15am and will again prepare their own packed lunch for later in the day. They will then continue to enjoy a range of planned activities before departing Redridge at 4.30pm and arriving back at school for 5pm. If parents can arrange to meet their children off the bus at 5pm promptly this would be appreciated.

Wednesday 3 <sup>rd</sup> May	Thursday 4 <sup>th</sup> May	Friday 5 <sup>th</sup> May
9am- Depart school 9.30am- Arrive at Redridge	8.15am- Breakfast	8.15am- Breakfast
Morning activity	Morning activity	Morning activity
Packed Lunch (provided from home)	Packed Lunch (provided by Redridge)	Packed Lunch (provided by Redridge)
Afternoon activity	Afternoon activity	Afternoon activity
6pm- Evening Meal	6pm- Evening Meal	4.30pm- Depart Redridge
Evening activity	Evening activity	5pm- Arrival at school

We do not know what meals will consist of but, examples of meals can be found below:

**Breakfast-** A selection of cereals, toast with preserves and full English breakfast available.

**Packed lunch-** Selection of sandwich fillings available, crisps, fruit and biscuits.

**Evening meal-** Lasagne, garlic bread and coleslaw followed by fruit and ice cream or fishfingers, chips and salad followed by syrup sponge and custard, or a roast dinner followed by crumble.

The pupils will be accompanied on this trip by Mrs Martine Wynne and Mrs Marie Davies and will always be closely supervised by these familiar staff members and Redridge centre staff.

If you have any concerns about your child e.g., medical concerns, dietary concerns, bed-wetting, homesickness, please make sure these staff members are made aware so that they can fully support your child. If your child usually has an inhaler, this must be in the child's bag and must be highlighted to staff. Our school staff and the centre staff are experienced in attending such trips and will always put your child's wellbeing and safety first. Pupils will be encouraged and supported to complete activities but at no point will they be made to complete; participation will always be the child's choice.

Miss Corbett will be in close contact with Mrs Wynne and Mrs Davies throughout the trip and will hopefully be able to share photos and updates during the children's stay. If for any reason you need to get in touch with your child, please do so by contacting the school in the first instance and if out of hours by emailing [office@caersws.powys.sch.uk](mailto:office@caersws.powys.sch.uk). This email address will be closely monitored.

We appreciate that many children will be eager to get packed the next two weekends. Below you will find a kit list of items we suggest your child packs. We suggest that items are packed in a small holdall (rather than a suitcase), that children can carry themselves. It is also a good idea for pupils to be fully involved in packing their bags so that they know exactly what is in there when it comes to re-packing on Friday.

Your child will need:

- A sleeping bag,
- A packed lunch (for Wednesday),
- Pyjamas,
- Indoor shoes or slippers,
- A personal wash kit (containing toothbrush, toothpaste, hairbrush, flannel, etc),
- A small rucksack or bag,
- A water bottle,
- A waterproof coat (and trousers if they have them),
- Old jumpers or fleece,
- Old trousers/tracksuit bottoms or leggings (not jeans),
- Old trainers (ideally 2 pairs if you have them),
- T-shirts,
- Underwear and socks,
- Sun cream and sun hat (weather dependent),
- Warm hat and gloves (weather dependent).

We also suggest a plastic carrier bag for your child to put any wet clothes into, a torch (if they have one) and a disposable camera (should they wish to take photos). Please be aware staff will aim to take plenty of photos.

Please make sure all items of clothing are clearly labelled/named, as there are always clothes remaining at the end of residential trips unclaimed.

If your child wishes to bring spending money, we advise no more than £10. There is a small shop on site selling souvenirs, sweets and chocolate and the children will have the opportunity to visit before departing on Friday.

**It is incredibly important that no electronic items or valuable items are taken e.g., phones, smart watches, electronic games. This is the children's chance to be social with their friends, be active, enjoy the fresh air and be away from technology for 3 whole days!**

I am sure you'll agree this trip brings a wonderful opportunity for our pupils and we hope they have a fantastic few days. If you have any questions that I have failed to answer through this letter, please do get in touch.

Kind Regards,



Miss Sarah Corbett (Headteacher)